

Project Wellness

A Support System for **Adolescents** and **Young Girls**

Making the Children combat any situation

- ❖ Workshop at American Centre to 'be Cyber Safe'
- ❖ An app in progress for 24*7 support as a guidebook
- ❖ Interactive sessions to learn about gender and the stereotypes forced by society



Be Cyber Smart

- A collab between American Centre Kolkata & Change Initiatives
- Goal: Empower 650 girls (Age: 16-25) via digital media literacy & leadership training in Kolkata & West Bengal suburbs



200+ Cyber Smart

Girls till now



2 – days Workshop at

American Center



Let's talk about Gender Equality and Child Protection

- Break the Stereotypes
- Be the change
- Adolescent Behaviour
- You are not alone



10 Schools



Students of Class
VIII



Overcoming the
Stereotypes